

Enzymes

The Key to Healthy Digestion & Vitality



The saying, **"You are what you eat,"** is only partially correct. The truth is, **"You are what you digest."**

Enzymes are essential to a healthy body because they transform undigested food into nutrients we can utilize. With today's high-stress, refined-food lifestyles, enzyme supplements are essential to good health and vitality.

The key is a supplement that contains potent, plant-based enzymes with a balanced complex of lactase, protease, amylase, lipase, cellulase, invertase, and papain.

Oxyfresh's Enzymes offer all these essential ingredients!

Oxyfresh.com

It's not *just* what we make, it's what we make possible.

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What's as important as the water we drink, the air we breathe, and the food we eat? It's the unsung hero of the body called "digestive enzymes". Without enzymes we wouldn't be able to breathe, digest our food, or function in any way. We'd simply cease to exist. Our very lives depend upon enzymes for survival.

Most Americans have a very pronounced enzyme deficiency, and a sizeable segment of the population suffers from some kind of digestive disorder. People suffer from gas, bloating, heartburn, constipation, and other maladies on a daily basis. The cause is simply a lack of enzymes and the inability to properly digest our food. Not only do we fail to obtain the nutrients we need from our food; undigested food begins to pollute our bodies, making us feel tired and sick and increasing the risk of chronic disease.

- Over 95 million Americans experience digestive problems
- 60 million experience acid indigestion at least once a month
- 15 million experience acid indigestion every day
- Sales of OTC antacids and H2 blockers are over \$1 billion each year
- An estimated 80% of diseases are caused by improperly digested food and their by-products*

Our bodies make enzymes, and when we're young we have a plentiful supply. We feel great! Our energy level is limitless. We have "enzymes to burn", which make us feel full of vitality and energy.

As we get older, we begin to lose this spark as our bodies become less efficient. It may happen so gradually that we don't even notice it. Suddenly, we're unable to eat our favorite foods without fear of painful, sleepless nights or embarrassing "side effects". We're not able to recover as quickly from aches and pains and illness. We have reduced vitality and stamina. We just don't feel good anymore. As time goes by, we naturally run low on the enzymes we need to fuel our lives.

We don't have to live with the unhealthy effects of enzyme depletion. We simply need to replenish and restore our enzyme resources!

Raw foods like fruits and vegetables are teaming with active enzymes, but the act of cooking or processing our food kills them. The ideal way to increase enzymes is to include lots of raw fresh foods with every meal. But let's be honest. For most of us, that's a major challenge. Furthermore, even if our diets were perfect we'd still have to cope with other factors that deplete our natural supply of enzymes such as stress, environmental pollution, and our high-demand lifestyles. And the fact is, none of us can stop the clock. Time alone is a major factor in enzyme depletion.

The solution is as simple as enzyme supplementation with Oxyfresh's Enzymes. Taking an enzyme supplement after each meal can easily replace the digestive enzymes we lose through daily living so we can function like we did when we were younger.

How will you know Enzymes are working?

One of the ways is in what you won't experience: no indigestion, no bloating, no stomach gas, no heartburn, no flatulence caused by incomplete digestion, no need for acid indigestion medications. And how about increased energy and resistance to illness? It's been clinically proven that the more enzymes we take, the quicker our bodies can repair, restore, and strengthen themselves.

What makes Enzymes some of the most powerful enzyme supplements available?

Oxyfresh's proprietary blend of naturally-occurring digestive enzymes is unsurpassed. You can be confident that Enzymes are the highest-quality, pharmaceutical grade digestive enzymes on the market today.

Experience a better quality of life and youthful vitality with Oxyfresh's Enzymes